



Staff enjoying a rehearsal of our upcoming production.

IBIS FLYER

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Principal's Report



Only one week to go until the night of the whole school production. It is sure to be one of the highlights of the year for most of our children. Major events like school concerts can only happen when there are staff and parents who put their hand up to take on extra responsibilities and many have certainly done that. I especially want to acknowledge the leadership and extra hours of work put in by Rose Saunders, Suzanne Litchfield, Jenny Taylor, Ben Cornall and Susan Horvath - THANK YOU.

I had some lovely feedback from a parent who had just returned with her child from an interview at Padua. Apparently, the person conducting the interview said how she loved having children from Balnarring because they are always so confident and well prepared for secondary school.

The idea for last Thursday's Junior School Council fundraiser came from Jessica in Year 6 and is a fine example of the type of Balnarring student the Padua teacher was talking about. The fundraiser raised over \$1,400.00.

Thank you to Holly Hicks and parents who organised and supervised the recent disco. Bree from Kinect to Dance was the DJ on the night and gave the kids a fabulous time. It worked very well having Bree run the disco while she was running the dance program at the school.

I had an opportunity recently to hear Hugh Van Cuylenberg speak about mental health. He gave some alarming statistics about the rise of anxiety in young people. He said that 1 in 7 primary school children will experience mental health issues and he attributes this to the overuse of technology, particularly social media. The good news is that he provided three practices that if done daily, have been proven to improve mental health in 21 days.

The first of these is to think of three things that have gone well for you each day. This helps us to focus on the good things. The second is to undertake a daily act of kindness. Every time you do something for someone else your brain releases oxytocin, which increases your self-esteem, confidence and levels of happiness. The third is to be mindful – to stay in the present moment, to completely engage in a topic, task or with others around you. Hugh told us by practising these simple things daily in just 21 days we rewire our brain to start scanning the world for the positives. In 42 days this leads to an improvement in our energy and happiness and reduces our levels of anxiety. There is a wealth of evidence to show that these simple strategies practised daily improve anxiety and wellbeing.

Costume Creators

This is just a personal note of thanks and appreciation for the level of dedication families have put into collecting, gathering and/or making costumes for our upcoming production. It makes a huge difference to how children feel about performing if they are well prepared and in a character. Several parents have created costumes for children they don't even know, but have done so willingly and with enthusiasm. You will be amazed at how terrific your children look! I can't possibly mention all the costume creators, but you know who you are, on behalf of your children, THANKS!

Susan Horvath, on behalf of the Production Team

Parent Opinion Survey completion date has been extended to September 2nd.

Just a reminder that band practice for anyone learning an instrument happens in the music room straight after school each Friday. All welcome.

Parents please keep a watchful eye on young children when they are at school to ensure they are playing safely.

Interview for Newsletter

"The Winner Is... The Wizard Of Oz"

Excitement runs through the school as there is only 1 week to go until the production! We have interviewed 4 production members to see how they are feeling about the 'dazzling' night ahead of us. Everyone at Balnarring Primary had an excellent time with Bree who has been teaching Balnarring to dance for 10 years! On behalf of Balnarring Primary we would love to say, "Thank You Bree for teaching us to dance! We really enjoyed it!"

We hope you enjoy our show!

Tayne: Lights, Camera, Action! Tayne has a crucial role: playing the music, knowing the timing off by heart, communicating between Miss Litchfield and overall running the show. The show couldn't go on without him! Racing heart, steady hands, right timing, Tayne is so ready and excited to make the show.

Miss Litchfield: Where to begin? Miss Litchfield and Rose have been the best production managers ever! Miss Litchfield is feeling slightly overwhelmed, yes over the moon, as she knows it's going to be spectacular.

Emily/ Dorothy: 'Somewhere Over The Rainbow...' Emily has worked so hard on her character, Dorothy. Emily rehearses about 6 hours each week for her big show! Nervous and excited Emily has been having fun enjoying the big opportunity that she earned.

Backstage Crew: Nervous and skilled the crew said that they are super ready and excited to be a major part of the production. They are key to be a major part of the production because they designed the sets, props and will arrange them on the night. They have had countless hours, painting, practising and helping out in general. **Great Job Crew!**

-Millar-Rose, Gleeson, Jai H, Asher and Angus W.

We hope you enjoy the show!

By Tilly H & Hugo

Rhonda Stephens

ATTENDANCE: All attendance must be entered onto Compass. Please ensure that if your child is absent or going to be late that you record this on Compass prior to 8.30 am daily.

Bendigo Bank School banking:
Bring your bank books on **TUESDAY**

Uniform Shop dates:
Term 3—12th September
Term 4-10th October,
24th October, 7th November

WHAT ACTIVITIES ARE COMING UP



PLEASE BE AWARE THAT DATES SOMETIMES CHANGE AND UNFORESEEN EVENTS MAY BE ADDED. CHECK FLEXIBUZZ (Tiqbiz) FOR UPDATES.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				31 AUGUST *Father's Day Stall *Year 4 Camp medical and permission forms due Today *Father's Day Afternoon from 2.15 pm
3 SEPTEMBER *Year 3 Camp medical and permission forms due today	4	5	6 *1 And the winner is... The Wizard of Oz' - School Production 6.00 pm	7 *Whole School Working Bee 2.15 pm *Japanese Speech Competition-Monash Uni
10 *Yr 6 Camp begins	11 *Yr 6 Camp	12 *Yr 6 Camp	13 *Yr 6 Camp ends	14 *Whole School Assembly-Curriculum presentation 1/2A and Physical Education
17 *Student Led Conferences 8.55am	18	19 *Wetlands Working Bee—see note below	20	21 FOOTY DRESS UP END OF TERM 3 2.15 pm FINISH
We hope you have a wonderful term break				
8 OCTOBER	9	10 *Southern Metro Athletics	11 *First Aid in Schools incursion	12 *Wetlands Family Frog Night 6.00pm *Whole School Assembly-Curriculum presentation 5/6A
15	16	17 *Year 3 Camp begins *2019 Foundation Information Night	18 *Year 3 Camp	19 *House Activities Day Wear your house colours *Year 3 Camp ends *Choral Workshop Mornington

MISSING YEAR 6 JUMPER

We have a student missing their Year 6 Jumper. Please check that your child has not picked up someone else's by mistake.

REMINDER:

To reduce the anxiousness of children at the end of each day, please discuss *before* school, where they need to meet you *after* school. This will also alleviate the need for families to phone the school office. Thank you for your support!

Newsletter Distribution

As COMPASS will in time become our main source of communication from Term 4 2018, we will be posting the newsletter on COMPASS only—no more emailing or FlexiBuzz. This will ensure our communications are all stored in the one location, so our families don't receive lots of extra notifications each day.

WETLANDS WORKING BEE

On Wednesday 19 September from 1.30 pm in the afternoon, Merricks Coolart Catchment Landcare Group have offered to help with a working bee on part of the wetlands. Parents are most welcome and encouraged to participate in this work. This working bee intends to maintain Wisken Walk and the Aquatrail. Hope you can make it.

CURRENT NOTICES

- ◆ Year 3 and Year 4 Camp Medical and Permission (see calendar)
- ◆ Year 3 Camp payment due 10th October
- ◆ Year 4 Camp payment due 12th October